



# Info Pack

Weekly Newsletter

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Issue No :19

## ACHIEVERS CORNER

CCD wishes to extend its recognition to SFH Southern region for its tremendous participation and representation in a wide spectrum of activities at district level.

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Take time to appreciate employees, they would reciprocate a thousand times.

## EDITORIAL CORNER

**GOOD COMMUNICATION IS VITAL-** This time round we would like to advice on the importance of communication between individual staff themselves or between them and the people we serve. It is a fact that survival and self-development are the major issues central to many people across the globe and in SFH but communication in all this is such a vital and urgent need to cement your personal relations or else good business transactions with your clients.

For the bigger picture, communication is meant to mainly raise awareness, educate, and information sharing. Communication as such therefore constitutes an important and critical factor for the success of any personal relations and that of the organization's business.

Such communication or information sharing like in SFH may in part constitute, oral/ verbal communication, written communication, visual communication etc.. of which by lay definitions;

- Oral communication may be by word of mouth when two or more persons meet and talk directly, face-to-face, or by telephone. Both these forms are oral and not verbal.
- Verbal communication may be through words, both written and spoken, such as group meetings and presentations, and informal talks.
- Visual communication (drawings, photographs, pictures, etc) which may be more effective than any number of words and so forth.

So given that we are a communication organization, the editorial team calls upon each and every one of us to at least uphold one or all of these forms of communications as we transact SFH's business with utmost faith. These are so vital both for the individual and SFH's success. These elements do not require to be an expert of communication or else to be a graduate, public speaker, a leader and so forth, they are simply basics for you and me to share information and feedback as a value of society. Good communication however constitutes an understanding of the context, and providing the necessary feedback in a good and polite manner.

## Executive Director's Column

### COMMITMENT AND DISCIPLINE;

"You probably have heard these words several times from me since this year begun and no doubt, we will continue to profess them and make sure that all of us are familiar with what we do and are committed to doing our jobs with excellence".

It is however important in this issue to explain what we mean by commitment and discipline. These two being usual English words, I will not labor much to explain but simply put them in context.

Starting with commitment, this simply means agreeing to do something and actually do it correctly. As you all know when we sign our job contracts, we are committed and therefore agreed to do it right, anything to the contrary is being uncommitted. Basically commitment is making a promise and delivering on the promise, if we do not deliver on the promise, we are not being promise keepers unless otherwise stated and clearly seen that it could not humanly be possible.

Discipline on the other hand is a state of improved, well-coordinated and orderly behavior. Behavior to do what one must do, behave and act within the boundaries of rules and regulations as well as doing your work and finishing it on time and with excellent quality; When one acts outside the rules, never does his job or never finishes what he does in its own scope of time, then we say signs of indiscipline are cropping in and I strongly request you to desist from such all the time. I wish the very best as we get even more committed and highly disciplined in doing what signed to do. Thank you



## NEWS OF THE WEEK



### ABSTRACT SUBMISSION GUIDELINES

- All abstracts must be written in English or French;
- The body of the abstract should not be more than 300 words
  - Tables or figures can be included in the abstract
  - More than one abstract can be submitted by the same author
  - All submissions must be done by

email: 2014ihrc@rbc.gov.rw  
DEADLINE: 10 November 2014

The International HIV research conference has announced the call for abstracts to the "2014th International HIV Research Conference" to be held from December 3rd to 5th, 2014 at Serena Hotel, in Kigali-Rwanda under the theme: **"Using Evidence to Save Lives"**

This conference will be launched at the occasion of the World AIDS Day 2014 celebration and will combine previous bi-annual conferences on HIV pediatrics and research in Rwanda. The conference will bring together approximately 400 participants from: International researchers, academia, program implementers, funding organizations and community, private society representatives and policy makers.

2014 International HIV Research Conference is calling for abstracts related to the 4 tracks:

- TRACK 1: Controlling and preventing HIV and co-infections
- TRACK 2: HIV& Health system strengthening, stepping up the pace.
- TRACK 3: Focusing on Key Populations (FSW, MSM ...)
- TRACK 4: Psycho-Social study

## WHY SFH AND YOUR EFFORTS ARE PARAMOUNT

Since the inception of SFH Rwanda, the organization has been engaged into the slowdown of HIV prevalence in Rwanda; reduction of malaria cases, reduction of FP unmet need which according to RDHS 2010 is at 18.9, and child survival cases. As of today, according to RDHS 2010, HIV prevalence is at 3.0%, with 3.7% of women and 2.2% of men testing positive for HIV. HIV rate is high among men aged 40-44 with (7.5%) and women aged 35-39 with (7.9%) meaning SFH we still have a lot to save our brothers & sisters

Under malaria, SFH health interventions are targeted at improving and reducing the morbidity and mortality in Rwanda through conducting behavior change communications across sectors. This is basically aimed at reducing malaria cases from 2.6% to 1.4% in children and 1.4% to 0.7% in women. Although, there has been a prominent decrease in malaria cases, with 82% of households now owning at least one LLIN according to DHS 2010 only 59% of the population are reported to be the only ones sleeping under a net every night. This therefore, justifies SFH's intervention at all sector level and good ground for SFH to expedite its full potential.

With family planning, according to the 2010 DHS, 45.1% of married women, and 40.3% of sexually active unmarried women use modern methods-these include Injectables, pills, implants and condoms. Among married women, the most widely used modern method is the injectable (26.3%), followed by the pill (7.1%) and implants at (6.3%); among sexually active unmarried women, the injectable is also the most popular method (18.4%) male condom (11.7%) meaning with this rebranding of prudence, we have to double efforts in availing our condom brands to the highest impact since these are made for dual protection.

Yet under nutrition, the percentage of stunted children has fallen from 51% in 2005 to 44% in 2010, and underweight children declined from 18% to 11% during the same period which by and large in all health areas can be contributed to SFH interventions and approaches as well as its unique strategies. So with such disease burden in Rwanda, SFH across sectors and departments as well as personal efforts is expected of contributing to its highest impact.

## ON-GOINGEVENT(S)

- Production of Nutrition T-shirts
- Office relocation

## DID YOU KNOW?

### Key indicators

Doctors: 1/15428 inhabitants

Nurses: 1/1200 inhabitants

62.8% of Nurses in rural areas (2008) and 78% (2010)

38.2% of Nurses in Urban areas (2008) and 22% (2010)

### Infant and Maternal Mortality

Infant mortality: 48.6/1000 (Census, 2012)

Under 5 Mortality: 72.3/1000 (Census, 2012)

Maternal mortality: 487/ 100,000 (DHS, 2010)

Assisted deliveries: 95% (HMIS 2013)

## JOKES CORNER

A man meets God on his wife's birthday. God tells him he can have whatever he wants, provided that his wife gets double. The man thinks for a moment and then says, 'OK, give me one million dollar and beat me half to death.'

## UPCOMING EVENTS

- Retreat for Marketing Strategic Plan
- SUN CSA stakeholder's meeting