



Info Pack

Weekly Newsletter

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Issue 27

ACHIEVERS CORNER

Join CCD to thank PDD for their diligent work they performed in December 2014 during the 2014 SFH Study (MAP: Measuring Access and Performance) The study was conducted and concluded smoothly.
Happy New Year

Take time to appreciate employees, they would reciprocate a thousand times.

EDITORIAL CORNER

Dear Colleagues, once again happy new 2015; potentially to everyone, this is another year God has provided us to expedite and stretch our talents and abilities to achieve greatest heights of excellence there is. It is a window of opportunity for us to manage our time or ourselves appropriately.

However, like Peter Drucker says, "You cannot manage time; you can only manage yourself." Time management is really life management, personal management, rather than of time.

Re-echoing this year's theme of "discipline and commitment" which in its widest sense includes time management, the editorial team wishes to illuminate that there is perhaps no area of our life where self-discipline is more important than in the way we manage time.

Time management is a core discipline that largely determines the quality of our life whether at work or elsewhere. Thus, since time cannot be saved or replaced lets regularly, if not routinely abide by the Human Resources manual by reporting to our work stations on time and accomplish our tasks in and on time. Time is irrevocable; once it is gone or wasted, we can never get it back. The fact is that we cannot save time; we can only spend it differently. We can only move our time usage from areas of low value to areas of high value. Herein lies the key to success, and the requirement for self-discipline.

Ultimately, we all ought to have tremendous self-discipline to overcome the procrastination that hold most people back from great success or achieving SFH targets. It is said that "procrastination is thief for one's success including organizations and surely, procrastination is a stumbling block to most of us, thus directly impacting even our employers.

The Pareto Principal, (the 80/20 rule) says that 20% of the things you do, contain 80% of the value of what you accomplish. This means that 80% of what you do is worth 20% or less of the value of what you accomplish.

This means that, some things we do are five times, and even ten times, more valuable than other things. For example, the 80% of things that some of us do make little or no difference to SFH, even to our life and such thing include but not limited to; rumors, gossiping, slandering, etc..and all these are a result of poor time management.

Lack of self-discipline in time management therefore lead us to procrastinate continually on our top tasks, leading us to spend more and more time on tasks of low-value or no-value. And whatever we do repeatedly eventually becomes a habit.

Finally, we can tell the value that something has to us by the amount of time we invest in it. We always pay attention to and spend time on what we most value, whether it is in our families, health, work, sports activities or our money and career. It is only by looking at how we spend our time and how much we value it, that everyone else gets to understand the importance of such a thing. So, as we begin this, we call upon everyone to respect time for both personal and organization development.

EXECUTIVE DIRECTOR'S COLUMN

As this is the first issue in the new year of 2015, I take the opportunity to wish, all the SFH staff and our readers, a prosperous new year.

I wish to thank you for your support and dedication over the last year and look forward to your continued zeal, hard work and supporting each other in our responsibilities in this new year.

Particularly, in this year I request you to ensure much interaction for each of you and stay vigilant. The obligation I through to you is that in the implementation of your daily duties, please step out to help your fellow staff whom you see needs your support. I would like to see this visible in this year.

Like I have previously asked of you, please maintain commitment to work and be disciplined. I want to see you further grow in maturity, dedication, attitude, effectiveness, excellence, compliant and lastly God fearing.

Once again, I wish you all the best in this New Year.

Manasseh GIHANA WANDERA



NEWS OF THE WEEK



BEHAVIOR CHANGE THROUGH ROADSHOWS & CONCERTS

Road shows and concerts have always been an indispensable part of SFH strategies in its attempt to attain the highest possible health impact both at national and grass roots levels. These shows and concerts are seen by community as their own and their significance is rated high among the youth and the population in general.

Through funding from the Global Fund and support from Country Coordinating Mechanisms office under the Ministry of Health, SFH Rwanda has been able to implement HIV prevention activities across the country.

More than 30 road shows and 30 concerts country wide were implemented plus 2 plaisir nights in Musanze and Rubavu districts in the last quarter of 2014, using local artists, celebrities and district leaders to pass on the message about HIV and AIDS as well as the importance of using condoms particularly Plaisir condom to reduce HIV prevalence and other STIs.

These shows and concerts reached more than 74699 people in only 12 days with HIV and AIDS messages in all the 30 districts of Rwanda, a big achievement not to down play. The photos above drawn from all the 5 regions-that is Central, Northern, Southern, Eastern and western.

Global Fund Reports Results – 2014

The Global Fund is a 21st-century partnership designed to accelerate the end of AIDS, tuberculosis and malaria as epidemics. As a partnership between governments, civil society, the private sector and people affected by the diseases, the Global Fund mobilizes and invests nearly US\$4 billion a year to support programs run by local experts in more than 140 countries; including Rwanda.

The Global Fund recently announced new results that show acceleration in efforts to end the AIDS epidemic. In the past year, an additional 1.3 million people began treatment for HIV in programs supported by the Global Fund, a 20 % increase, bringing the total to 7.3 million people.

Counseling and testing for HIV rose 27 % to reach 390 million sessions. Efforts at HIV prevention included distribution of more than 300 million condoms in programs supported by the Global Fund. "On the World AIDS Day, it is exciting that countries are bringing together partnerships to significantly increase HIV prevention and treatment services through shared responsibility," said Mark Dybul, Executive Director of the Global Fund. "We now have a foundation on which to build and accelerate efforts to bring the epidemic under control." The results achieved by the programs supported by the Global Fund in the response to HIV, rely on participation of all members of the partnership.

UPCOMING EVENTS

- Staff meeting on January 16th 2015
- Prudence Rebranding Campaign

ONGOING EVENTS

- Preparation of financial report;
- Preparations of the Accountability day in SFH central region

DID YOU KNOW?

The National Reference Laboratory (NRL)

The National Reference Laboratory (NRL) has acquired a five-star status of accreditation within the East Africa Public Health Laboratory Network (EAPHLN) for its higher quality of diagnosis, efficiency in records management and state-of-the-art equipment. The National Reference Laboratory has achieved a score of 98.7 per cent thus enabling it to move from a three-star rating in 2014 to a five-star rating this year.

This means that:

- ✓ Our laboratories have the ability to offer better services to our patients, to provide specialized diagnostic services and conduct drug resistance monitoring at international level.
- ✓ Our laboratories can now make reliable medical tests internationally thus allowing our patients to receive effective treatment.
- ✓ Some exams that need the intervention of other laboratories can be realized locally with reliability.

IOKES CORNER

A father came in the bedroom to find his 13-year-old daughter smoking a cigarette. "My God! How long have you been smoking?" screams the father. "Since I lost my virginity," replies the girl.

"You lost your VIRGINITY!!! When the hell did this happen?" shrieks the father.

"I don't remember," says the girl. "I was completely drunk."